

greet **COTO DE CAZA**

MEET THE
**PAYANDEH
FAMILY**

farville
PHOTOGRAPHY

YOUR STORIES | YOUR PHOTOS | YOUR COMMUNITY

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Follow us on Instagram for
neighborhood photos and updates!
@Greetcotodecaza

Do you have a family, pet or young achiever you would like to
nominate for a *Greet Coto de Caza* feature? Email us today
at Alicia.Scrimger@n2co.com/Christine.Gruenberg@n2co.com
to share your nominations!

PUBLISHERS' LETTER

Dear Coto Neighbors,

Dear Coto de Caza,

As we embark on the sunny days of June, we are delighted to present the latest edition of *Greet Coto de Caza*. This month's issue is brimming with heartwarming stories, exciting features, and a celebration of the vibrant spirit that defines our beloved community.

Our feature family, the Payandehs, graciously invite us into their lives, sharing their deep affection for Coto De Caza. From the stunning views of the golf course to the warmth of community gatherings, the Payandehs remind us that our neighborhood is not just a place to live—it's a sanctuary where cherished memories are created and treasured for a lifetime.

We are thrilled to introduce you to our Young Achievers, Rozco Blanco, an up-and-coming alternative rock band led by Coto resident Conrad Satermo. Their passion for music

and artistic expression embodies our community's dynamic creativity.

In addition to spotlighting the beauty of our community, we are proud to showcase the remarkable generosity of our sponsors. Liang & Quinley Wealth Management's recent Charity Golf Tournament raised over \$15,000 in support of Big Brothers Big Sisters of Orange County, exemplifying their commitment to positively impacting our community.

Furthermore, EcoForce Solutions shines as a beacon of philanthropy by donating solar systems to Vera's Sanctuary. Their dedication to giving back underscores the collective spirit of compassion and support that thrives within our community.

We hope you enjoy this month's issue, and we sincerely appreciate your continuous support in showcasing the beauty of our cherished community!



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ESCAPE CROWDSOURCING: 3 STEPS TO SIMPLIFY DECISION-MAKING

BY GINA MAIER VINCENT



Gina Maier Vincent, your personal soul shifter. Creator of the Exquisitely Aligned proven strategy, TV & podcast host. Celebrating 20 years of transforming lives.

Have you ever found yourself at a crossroads, grappling with a significant decision, only to seek opinions from everyone around you rather than trusting your inner compass? Welcome to the phenomenon of “crowdsourcing your confidence,” a tendency to rely on external validation for decisions that should be soul-aligned. But here’s the truth—*no one knows you better than yourself*. Embracing three simple practices can transform your decision-making process and lead you toward a life that aligns with your desires quickly, efficiently, and gracefully.

#1 Seek Approval from Yourself

Releasing the need for external approval is the first step in making soul-aligned decisions. Trusting your instincts and acknowledging that you are 100% qualified to make choices that resonate with your heart and soul is a powerful act of self-empowerment. Seeking approval from others might seem reassuring, but the fulfillment derived from following your soul’s desires far surpasses external validation.

2 Put Your Desires First

When decisions prioritize others’ desires over your own, you inadvertently follow someone else’s agenda. While considering others’ input is valuable, basing decisions solely on external expectations can lead to regrets, resentments, and missed opportunities. It’s important to respect others while prioritizing your desires to ensure your decisions are genuinely right.

#3 Rely on Your Own Opinion and Intuition

While external perspectives may flood in, rely on your own opinion and intuition. Ground yourself in your unique experiences, desires, and beliefs. Others may



offer well-intentioned advice, but the essence of a decision lies in what feels right to you. Avoid diluting your choices by staying true to your authentic self.

Your inner knowing holds the key to unlocking a streamlined decision-making process. By recognizing and overcoming the pitfalls of seeking external approval, attention, and acknowledgment, you reconnect with your heart’s desires, *making extraordinary decision-making faster and easier*.

Discover the transformative power of Gina’s **’Opening to Possibilities: Journal Prompts, Contemplation, and Conversation Starters’** to nurture your inner knowing. Ready to make extraordinary decisions faster and easier? Visit ExquisitelyAligned.com or call Gina at 949-409-5330 to schedule your complimentary discovery call. *Trust your inner compass, and embrace a life aligned with your desires!*



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