

# DYNAMIC *Women*

ORANGE COUNTY

## Gina Maier Vincent

**EXQUISITELY ALIGNED / FOUNDER, AUTHOR, SPEAKER, PODCASTER, VISIONARY THOUGHT LEADER AND MENTOR**

**G**ina Maier Vincent helps high achievers rediscover joy behind their success. As the visionary behind Exquisitely Aligned, she guides select CEOs, executives and physicians—providing 24/7 access to align time, energy and money with core values. Her signature method cuts through external expectations to help clients reclaim lives they're excited to wake up to again.

Vincent's journey began with defining moments: calling off a misaligned engagement at 28, rising in corporate America only to feel unfulfilled and standing by her husband during a health crisis. When constant pain from injuries requiring two joint replacements prevented her from traveling to speak, Vincent pivoted—launching *The Exquisitely Aligned Podcast* and becoming a contributor to three Orange County magazines. "It taught me how to find opportunity within difficulty and use setbacks as springboards," she reflects.

Earlier this year, Vincent released *Exquisitely Aligned: A Pocket Guide to Your Magnificent Future*—which recently received a Next Generation Indie Book Award. Recent clients have experienced transformation in as little as two months, with friends noticing their renewed energy and business growth. Whether writing, speaking or mentoring, Vincent centers her work on helping others stop performing and start living authentically.

To Vincent, a Dynamic Woman leads with intention. "She makes decisions based on her own compass rather than societal pressures," she says. "I used to seek approval from others, but now I trust my judgment and make choices that feel authentic to me."

After five years of intentionally building her life in Southern California, Vincent gives back through causes like Miracles for Kids, FoCASA and Working Wardrobes, using her podcast to spotlight local nonprofits. She reminds women everywhere: you don't need permission to live aligned—you just need to begin.

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